



WELCOME TO FAST
Designed with you in mind.

FAST AND RTT®

“ The most
important words
in the world
are ‘Let go.’ ”

MARISA PEER



MARISA PEER

"Welcome to RTT®,
I am immensely proud of
this extraordinary therapy
method that took me
30 years to develop. I am
delighted at the success
clients get through FAST.
I hope you find the same
success and freedom."

WHAT IS RTT®?

RTT® was developed by the renowned therapist and author Marisa Peer, who developed her unique methodology over 30 years as a practicing therapist within the industry.

RTT® emerged from Marisa's deep understanding of how clients can achieve rapid, long-lasting and life-changing results and has been critically-acclaimed as the new "go-to" therapy, winning numerous awards in 2018 and 2019.

Delivering a new therapeutic style, RTT® uses powerful tools & techniques in its approach. Many have their roots in traditional Psychotherapy (including aspects of Gestalt, Solution Focussed, and Cognitive Behavioral Therapy) alongside more modern therapeutic techniques (Deep Relaxation, Mindfulness, and Hypnotherapy). Equally, Marisa crafted her own approach and in doing so, a significant contribution to the world of therapy, blending new techniques into a seamless intervention.

HOW CAN RTT® HELP?

RTT® is a **major development in the health and wellbeing industry**.

What makes RTT® a standout technique is its direct approach.

Often a **single session** will **generate significant change**, which is not always possible with other therapies.

RTT® sessions are designed around a clients' needs, culminating in a bespoke transformation that continues to embed positive change post-session.

RTT® is being used in the medical profession, in schools, in corporations, and with business leaders and athletes.



RTT® uses safe, proven and powerful techniques

WHY CHOOSE FAST?

FAST has been designed with you in mind. Our aim is to personally match you with one of our Specialists, based on your issue, session preference, and location.

Our Specialists are specifically trained to focus on identifying and eliminating underlying beliefs. They do that by identifying the experiences and feelings that have fuelled a lifetime of disappointment, disrupting familiar patterns of behavior that lead to

limiting beliefs, and equipping you with the skills to **transform your life.**

Our Specialists have completed advanced training and have been fully vetted by us.



**SIMPLE ACCESS
TO IN PERSON
OR ONLINE
THERAPY**

HOW FAST WORKS



1. VISIT

Visit www.marisapeer.com and select 'Book your Consultation'. Complete our online intake form and book your consultation call at a time that suits you.



2. MATCH

The information that you have provided is reviewed by our Wellbeing Professionals who will match an appropriate Specialist to support your needs.



3. FREE CONSULTATION

Your Specialist will contact you, at your booked time, for a 20 minute consultation and can then directly book your session.



4. SESSION

Up to two hour session based entirely on your needs. You will also receive a bespoke audio recording.

WHAT'S INCLUDED?

- An initial consultation to explore if it's right for you.
- Up to 2-hour RTT® session.
- A transformational bespoke audio recording from the session which is yours to take away.
- Post-session support from one of our Wellbeing Professionals.
- On day 21, a 20-minute call with your Specialist.
- Support from our Wellbeing Professionals throughout the entire process.
- Individual sessions are priced at USD \$400.

A price package is available for fertility issues. Please contact therapyservices@marisapeer.com for more details.



WHAT CLIENTS SAY

“ I suffered a breakdown and was unable to see the wood through the tree's. RTT® was a truly unique experience and I am so thankful for this work. I have been able to overcome my anxiety and overwhelm and feel so much more positive about moving forward in my life. ”

“ Since doing one session, my confidence began increasing more and more every day, the feelings of guilt and shame that I had before no longer exist. I feel new wonderful transformations happening. I feel more settled within myself, my compulsive behaviours have stopped and I have become a lot clearer on my future and how to get there. I feel like I am ENOUGH now! ”

“ My session was truly transformational. I have found peace and contentment in a life that I had previously found incredibly stressful and often uncomfortable. I didn't think it was possible to feel this good! ”

VIDEO TESTIMONIALS

Bryan (addiction)

<https://vimeo.com/422810236/524ffd0c95>

Louisa (suicide)

<https://vimeo.com/421483838/ea6127fa96>

MARISA PEER

Marisa Peer is the creator of RTT®, founder of iamenough.com, international best-selling author, motivational speaker, personal development expert and leading celebrity therapist.



Marisa's Tedtalk

<https://www.youtube.com/watch?v=zeDt9dgFXFkg>

Marisa is delighted to provide you with a 'Believe in Yourself' audio.

You can download the audio by clicking on this link:

https://drive.google.com/file/d/1m5kas2NjZ2Ye2SKE8mjshca759_4vXdP/view

If you are interested in a session, please click the following link:
<https://rtt.com/find-a-special-therapist/>

Therapy Services Contact Details:
therapyservices@marisapeer.com

9.00am to 6.00pm UK time, Monday to Friday.



RTT® is endorsed by the National and International Council of Psychotherapists, the American Board of Hypnotherapy, the International Association of Complementary Therapists, plus the International Institute of Complementary Therapies.



**International Institute for
Complementary Therapists**
Professional Membership and Insurance for Every Therapist



Australian Society of Clinical
Hypnotherapists

